Entry # \_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

KEY

**Origins of Buddhism Two-Column Notes (p 484-489)**

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| **Siddhartha’s Search for Wisdom** | |
| 1) Who was Siddhartha Gautama? | *A prince who became known as the Buddha* |
| 2) What did Siddhartha endure before reaching enlightenment? | *Wandered for several years; didn’t wash, fasted, and meditated* |
| 3) What are the three things that Siddhartha said caused human suffering? | *Wanting what we like but do not have; wanting to keep what we like and already have; and not wanting what we dislike but have.* |
| **Teaching of Buddhism** | |
| 4) Many of the Buddha’s teachings reflect the ideas of which other world religion? | *Hinduism* |
| 5) Summarize the four noble truths. | 1) *No one can escape sorrow*  2) *Suffering comes from our own desires*  3) *People can overcome their desires to reach nirvana (perfect peace)*  4) *People can overcome ignorance by following the eight-fold path to wisdom, enlightenment, and salvation* |
| 6) What did the Buddha think about the caste system? | *He was opposed to the caste system* |
| 7) How is “right thought” different from “right action”? | *Right thought refers to beliefs, whereas right action has to do with how we put beliefs and thoughts into action* |
| 8) How did Buddha’s teachings agree with Hinduism? | *Buddha’s teachings included reincarnation and both promote peaceful lives* |
| 9) How do you think people reacted to the Buddha telling them they did not have to accept the Brahmins’ authority? | *The Brahmins would have been angry and resented it, while other Hindus may have been relieved.* |
| **Buddhism Spreads** | |
| 8) What are some places to which Buddhism spread? | *Throughout India, Sri Lanka, Myanmar, and other parts of SE Asia ( and parts of central Asia--- Egypt as well.* |
| 9) What is one reason why Buddhism spread quickly? | *Buddha’s teachings were popular and easy to understand. The most powerful King in India accepted Buddhism.* |
| 10) How are the Theravada and Mahayana branches of Buddhism different? | *Theravada – following the Buddha’s teachings exactly*  *Mahayana – can interpret Buddha’s teachings to help them reach nirvana* |